



**Foundation**



**Foundation**

## **Casual Health Coach Casual Contract – Evenings and Weekends**

Middlesbrough FC Foundation (the Foundation) is the Club's independent charity of MFC established in 1996 by Club Chairperson, Steve Gibson. The Foundation uses the power of the MFC brand to engage with the community to provide opportunities for disadvantaged young people and adults to maximise their potential to achieve.

This is an exciting and unique opportunity to be involved in a growing and passionate team within an award-winning charity. In this role you will use the influence of sport to deliver positive change in the lives and behaviours of under-represented or vulnerable groups and individuals within the local community. You will enhance opportunities for people with pan disabilities or special educational needs and disabilities. You will impact our communities and help create a more inclusive, welcoming and supportive environment for all.

### **DUTIES**

- Deliver exercise, football and educational sessions within Middlesbrough, with some delivery across wider parts of the Tees Valley if needed.
- Support in the delivery of educational workshops within the community.
- Lead groups of adults to attend physical activity sessions and receive advice to help achieve personal goals.
- Undertake regular data collection (registers and surveys) at sessions.
- Promote the vision, mission and core values of MFC Foundation
- Be committed to applying, promoting and reporting safeguarding
- Demonstrate a strong commitment to inclusive practices, adapting resources and engagements to ensure equal opportunities for all
- Build trusted and reliable relationships with participants and vulnerable service users
- Working with the Health Coordinator to input into risk assessments, health and safety and safeguarding.

### **CANDIDATES MUST HAVE:**

#### **Essential**

- Minimum of Level 1 sports coaching qualification from a recognised NGB or equivalent experience
- A valid driving licence, with access to own transport and be eligible to work in the UK
- A professional attitude and positive work ethic
- Strong administrative, organisational and IT skills
- Ability to work collaboratively as part of a team and with partners
- An understanding of and commitment to equality, diversity and inclusion and how they relate to the role
- Willingness to travel within the Tees Valley as and when appropriate

#### **Desirable**

- Knowledge of multiple sports
- Emergency First Aid qualification
- FA Safeguarding qualification
- An understanding and passion for improving the ability, opportunity and dignity of disadvantaged people and under-represented groups or individuals in our communities
- Experience in delivering educational workshops and sports provision within disadvantaged communities
- Understanding of health and wellbeing and the issues facing adults from disadvantaged communities and have a desire to make a difference to the lives of those adults.
- The ability to adapt sessions to the needs of participants and conduct conversations around any support they may wish to receive to take part comfortably in sessions

This post falls within the scope of 'regulated activity' and is exempt from the Rehabilitation of Offenders Act (1974). Successful applicants will be required to undertake a Disclosure & Barring Service (formerly CRB) check and are required to declare any convictions, cautions, reprimands and final warnings that are not 'protected' as defined by the Rehabilitation of Offenders (Exemptions) Act 1975.

To apply please email [recruitment@mfcfoundation.co.uk](mailto:recruitment@mfcfoundation.co.uk) a copy of your CV, quoting reference CHC/MFCF.

**Closing date for applications: 28<sup>th</sup> March 2024**

*Middlesbrough FC Foundation is an equal opportunities employer and positively encourages applications from suitably qualified and eligible candidates regardless of sex, race, disability, age, sexual orientation, gender reassignment, religion or belief, marital status, or pregnancy and maternity.*

*Middlesbrough FC Foundation is also committed to the safeguarding of vulnerable groups*