

MIDDLESBROUGH FC
FOUNDATION
PRIMARY SCHOOL
PROGRAMMES



Foundation



CONTENTS

01

INTRODUCTION TO MIDDLESBROUGH FC FOUNDATION

02

PREMIER LEAGUE PRIMARY STARS

04

TARGETED ACTIVITIES

08

PREMIER LEAGUE PRIMARY STARS TOURNAMENTS

08

MIDDLESBROUGH FC FOUNDATION EVENTS

09

COSTS





Foundation

INTRODUCTION TO Middlesbrough FC **Foundation**

Middlesbrough Football Club Foundation ('the Foundation') is the official charity of Middlesbrough FC ('the Club') established in 1996 to support the communities of Tees Valley to raise aspirations, improve life chances and promote wellbeing across our local boroughs of Middlesbrough, Redcar and Cleveland, Stockton-on-Tees, Hartlepool, and Darlington.

We continue to be a consistent presence across Tees Valley, with the aim to continue with this reliability and stability for the area and the Club in 2023-24.

The Foundation exists to support the people of Tees Valley, lifting people up and providing positive inspiration and opportunities for all. We support people through the life-changing potential of football; using the power of football coupled with our distinct expertise and skills, this provides us with a unique offer to engage across a wide range of communities and within schools.

We can't support our communities alone and by partnering with your School we aim to help create transformational change, working together to support Tees Valley and provide a sustainable, long-term offer to our communities.

At the Foundation, our mission is to engage all primary school pupils in high quality, curriculum-based sessions that embed the Foundation values. Our sessions are built upon a passion for physical activity and an understanding of its importance to a positive and healthy lifestyle and to teach transferable skills and knowledge throughout a child's physical education journey, complimented by delivery of personal, social, health and economic education (PSHE) to support children's all-round development.

The Foundation is committed to safeguarding and inclusion; all employees have completed safeguarding training as well as mental health, adverse childhood experiences and mentoring. We have Foundation policies and procedures which your school is welcome to request if required. Working with the Club, we are committed to inclusion through RiverSideBySide; which includes inclusive delivery of programmes, training and development in equality, diversity and inclusion for all employees as well as policies and procedures.

Whilst our primary school provision is recognised for its high-quality core PE and sport provision, we are incredibly proud of our wide variety of delivery we can offer your school. We have a team of highly skilled and experienced Education Officers and Activators who deliver our programme within schools, tailoring each programme and session to suit the needs of the individual pupils and school/trust. Our primary school packages are delivered over a full academic year with a dedicated staff member attached to your school. You can explore a wide range of packages which best suit the needs of your school.

This brochure offers an exhibition of our current offerings and portfolio within the Education department. Should you require additional information on any other programme areas, please contact our enquiries department.





Premier League Primary Stars

Premier League Primary Stars delivers more meaningful engagement with primary schools, and in response to Government requests, it aims to inspire girls and boys aged 5-11 in the classroom, in the playground and on the sports field.

As an education programme, it enthuses young learners by connecting learning to the real world of sport. The programme covers everything from supporting high-quality physical education (PE) and sport in school to engaging learners in English and maths and tackling challenging topics within PSHE.

The programme has a digital offer available to Teachers alongside Foundation delivery which covers core subjects and wider life skills using the power of football to inspire young people in a fun and exciting way.

The Foundation delivers Premier League Primary Stars alongside teachers to support higher quality PE, as well as being able to provide targeted interventions as required by individual schools alongside opportunities for youth social action, themed workshops, local and regional events, and competitions.





Vision

To offer an outstanding primary school programme that uses the appeal of the Premier League and Middlesbrough FC to improve and enhance PE and other curriculum areas, developing skills and values that are crucial in later life.

Goal

To use the appeal of the Premier League and Middlesbrough FC to help primary school children be active and develop essential life skills.

Objectives

- Enable children to take part and enjoy more football, sport, and physical activity
- Support teachers with the knowledge, skills and confidence to deliver PE and sport
- Increase children's interest, understanding and confidence in core curriculum subjects, such as English and maths
- Help children gain the mental and social skills they need to reach their goals.

PE Delivery

Our tailored Premier League Primary Stars PE delivery uses our specialism in PE and sports to build on children's existing knowledge and support them to grow and develop. Following the National Curriculum as well as using the Premier League's framework, we create personalised PE plans that align with the school's goals and values, creating sessions that develop children holistically.

By teaching in tandem with staff at partner schools, our lessons also provide supported training for teachers to further their own development and understanding of PE and the key messages that are used to promote a love of sport. When working with school staff, we can also use their experience and knowledge of the children to better tailor the learning to the strengths and needs of each group, maximising engagement, and learning.

This support for staff can be taken further, as we also run Teacher focused continuous professional development (CPD), ranging from the 'National Curriculum' support to 'How to differentiate lessons for varying abilities and capabilities.' This builds on from what our coaches teach in the sessions and supports teachers with planning against learning outcomes and adapting for progression.

By linking sessions to the Foundation's overall strategy, we create a better understanding of cultural, social, and local issues that better prepare children for learning as well as promoting inclusion. Our local knowledge helps us to also create pathways outside of school to help children pursue their passions and support them to be the best versions of themselves.

We also offer support to schools with competitions, celebrations, and sporting events, running a comprehensive events package that help create memories that will last throughout a child's learning journey.

Planning, Preparation and Assessment (PPA) Cover

Our PPA cover uses the schools' resources to build the children's knowledge and experience of PE and sport by offering engaging, challenging, and differentiated lessons that allow the children to increase their physical literacy.

Whether using the school's own resources or creating our own planning in line with the National Curriculum, our PPA cover provides high-quality learning whilst working towards the schools' learning objectives that develop children holistically.



Targeted **Activities**

As well as the Premier League Primary Stars programme, the Foundation offers a range of targeted interventions which can be adapted for the needs of individual schools/trusts and children. These activities can be delivered as Activation, Intervention or Workshops and booked across the academic year or to a bespoke timetable.



- PPA Cover
- Numeracy
- Literacy
- Equality, Diversity and Inclusion
- Health and Wellbeing
- Youth Social Action
- Girls Pathway Creation

What: Activation

How: 1 session, half, or whole day

Who: Identified group, class, or school

Where: Partner School or Herlingshaw Centre

What: Intervention

How: 6, 12 or 36 sessions, 1-2 hours

Who: Small groups or 1-2-1

What: Workshops

How: 1 session, 1-2 hours

Who: Class or small groups



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Numeracy

Designed by the Premier League Primary Stars to run alongside National Curriculum teaching and objectives, our numeracy programmes can run in addition to, or alongside, curriculum lessons. Our numeracy lessons use football and sport as a hook, with themed activities and challenges to keep children engaged and on task. We offer a range of options such as celebrating National Numeracy Day, Season Stats Dashboard Challenge, Times Table Club, Fantasy Football, Active Numeracy and Premier League Maths Stars as well as working with your school to develop a tailored offer.

Numeracy Example - Times Tables Club

Our Times Tables numeracy intervention utilises physical activity as a vehicle for developing and embedding functional numeracy within PE and sports. Sessions use a variety of games alongside memory techniques and skills to aid children in both recall and recognition of their times tables, a fundamental aspect of the Maths curriculum. Sessions promote teamwork, resilience and problem solving as well as teaching children to develop their own techniques and strategies to help them become more confident in their learning.

Literacy

Supported by the National Literacy Trust, literacy support can run in addition to, or alongside, curriculum lessons. We offer a range of options such as celebrating World Book Day, National Literacy Day, Lunchtime Book Club, Creative Writing, Story Telling, News Reporting and Premier League Reading Stars as well as working with your school to develop a tailored offer.

Literacy Example - Premier League Reading Stars

Designed for reluctant and less able readers in Years 5 and 6, the flexible, programme, includes a range of fun activities, a recommended reading list, take-home challenges, and a 'tactics' book. The aim is to improve the child's reading age through a series of football-themed activities and books linked to sport. The programme has been running for many years and has a significantly high success rate, with children improving their reading age and learning to love literature.

Equality, Inclusion and Diversity (EDI)

Inclusion is a core value for the Foundation, and we thoroughly believe in embedding this in our delivery and creating opportunities for everyone to join in, feel welcome and have fun. A part of this is eliminating barriers to participation and educating pupils on how those barriers can impact others.

PSHE Workshops

Looking at themes relevant to today, such as racism, sexuality, gender, age, religion, and disability, as well as prevalent themes such as gambling and gaming, EDI and health and wellbeing, our objective is education and helping children make better, more informed decisions as well as learning to treat others with kindness and acceptance.

Play Leaders

Promoting the next generation of sporting leaders with this programme, designed to help children master the art of helping others achieve. This programme is best suited to Y5 children, to prepare them for their role.

Character and Qualities

With a focus specific and tailored to the group or class, our staff use both the power of the club and local examples to help cultivate a positive learning environment with a relatable approach. Topics such as 'You can do it' (resilience) 'Aggression in Sport' (anger and behaviour), 'Creative Minds' (art therapy – partner organisation), 'Relax Kids with Karen' (emotional de-escalation – partner organisation).

MFC Foundation also deliver activities alongside national campaigns, such as Black History Month, Pride Month, International Day of Peoples with Disabilities, and International Women's Day. Your school will be actively encouraged to take part in our national campaigns, and we can also work with you to deliver your own bespoke activities related to national campaigns.

Health and Wellbeing

Health and Wellbeing is a strategic theme for the Foundation, and we thoroughly believe that all our provision contributes to improved health and wellbeing, whether physical and/or mental wellbeing. A part of this is educating children on how to live healthier lives.

Move and Learn

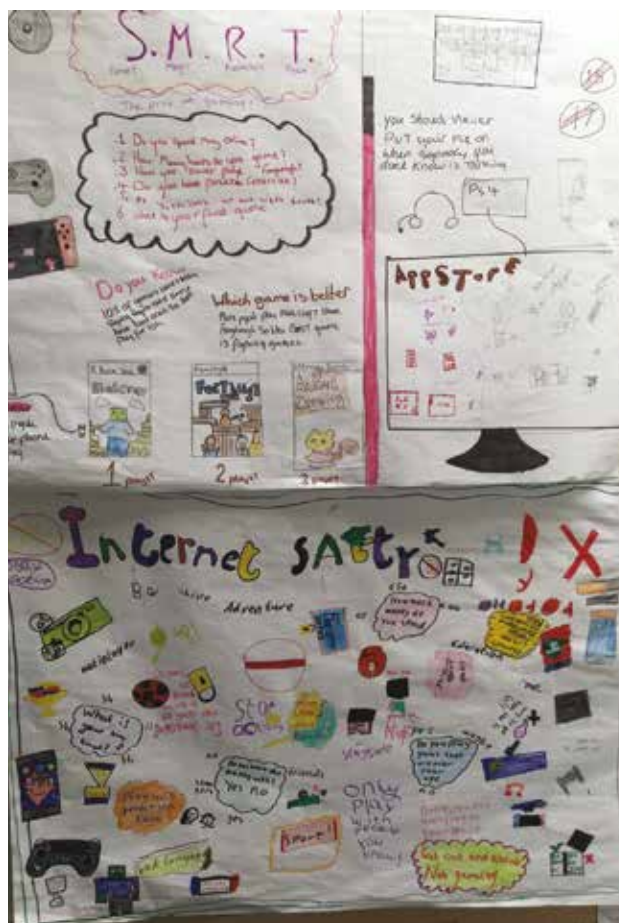
This six-week programme is aimed at Year 5 and 6 children delivering a combination of classroom-based activities alongside physical activity sessions. Over the weeks the children learn about various topics such as the Importance of exercise, the human body, food groups and hydration. The physical activity sessions cover a range of different sports including football, dodgeball, and handball. In addition to this, children are set weekly challenges to reinforce learning and encourage parental engagement. For example, keeping an exercise diary, smoothie making and monitoring how much water they drink. In the summer term we also offer whole school 'Joy of Moving Festivals' in which children throughout the school enjoy a day of taking part in activities and challenges with the Foundation and a visit from Roary!

Boro Health Bus

The Boro Health Bus is our unique mobile health and wellbeing offer. Delivering in a distinctive and memorable way, our mobile classroom is the tailored and equipped to deliver a range of our health lessons and workshops, including Move & Learn, Internet Safety, Social Media & Wellbeing and Online Stress & FOMO, and many more. Additionally, you can invest in your staff's wellbeing also with health checks available, including 'Boro Beat', 'MFC MOT' and 'Boro Body Scan' – a heart, body and bone health check that looks at everything from blood pressure to body measurements to muscle quality and physique rating.

Stepping Up - Transition

Delivered across six-weeks, this programme is targeted at Year 6 children who have reached the end of their primary journey and are preparing themselves for the transition to secondary school.



We teach them about social interactions, the changes in structure and challenging them to think outside of the box, we aim to create a mindset of "I can" by identifying, and eliminating, the fears that come with change.

Careers and Enterprise

Delivered across six-weeks, this programme provides life skills, knowledge, and awareness of life after education. We aim to promote the life, career, and employment chances for Key Stage 2 children by looking at employability skills and attributes, whilst having meaningful encounters with local businesses.





Social Action Challenge

Youth Social Action, recognised and endorsed by Ofsted, encourages young people to take interest, pride, and responsibility in their local community by actively participating in structured and meaningful volunteering, campaigning, and fundraising activity. Children will be supported to profile themselves and their community, with the aim of identifying a specific social action project and work with the Foundation and their group to deliver their project. This is a unique opportunity for children and has proven to better connect school with the community, parents, and carers.

Campaigning

Children take an active role in leading the delivery of campaigns within their school and beyond on topics such as the environment, e.g., Premier League Primary Stars' Pass on Plastic

Fundraising

Whether as a one-off session or a six-week block, the power of Middlesbrough FC is a superbly

effective tool in driving your project forward, and we will look to use our influence and networks to help further your cause, whatever it may be.

Raising Awareness

Educating or empowering positive change across an important subject area within their local community, such as mental health and wellbeing, equality, and anti-discrimination.

Example - Protect the Planet

Protect the Planet enables children to learn about the simple changes everyone can make to have a positive impact on the planet. Children will look at examples from the Premier League and other football clubs and apply these inspiring stories to the topic of environmental sustainability. Exploring four key topics within sustainability: transport, nature, energy and food, this programme has been created in partnership with the Ministry of Eco Education.



Regional and National Tournaments

Premier League Primary Stars Tournament

Each year, the Premier League host their annual Premier League Primary Stars Football Tournament along with their Premier League Primary Stars Under-11s (U11s) National Girls Football Tournaments.

The Primary Stars tournament, now in its 16th year, is open to all Premier League teams and the U11s Girls National tournament is open to all 104 Community Clubs that deliver the Premier League Primary Stars programme. These events are opportunities for children from across other Foundations to come together to meet new people and play football.

The Foundation hosts our Teesside round for each tournament at our Herlingshaw Centre, with all schools who engage in the Premier League Primary Stars programme encouraged to enter a team.

Our Teesside winners go on to representing Middlesbrough at the Premier League Regional Events. (Winners of the regional event go onto represent their Foundation and their region at the national Premier League Finals held at a Premier League Stadium.)



The EFL Utilita Kids Cup

The Utilita Kids Cup is a national tournament for junior footballers which offers children the once in a lifetime opportunity to play at Wembley Stadium.

The Cup involves over 16,000 children and creates one of the country's largest national football competitions, which culminates in exciting finals at Wembley Stadium in front of thousands of fans before a major national final, as school children live out their dream.



Middlesbrough FC Foundation Cups and Events

The Wilf Mannion Cup - Upper KS2

Named after the club's greatest ever player, The Wilf Mannion Cup sees schools across the Teesside area compete for the prestigious and highly coveted trophies. Spread across 2 days - seeding and finals - over 60 teams are invited to attend with the competition offering mixed, girls only and disability inclusive pitches.

Dates: Summer 1 Term

The Lee Stephenson Cup - Lower KS2

Targeting Y3 and Y4, the competition is split into three semi-finals - Stockton, Middlesbrough, and Redcar and East Cleveland - and a final, with 60 mixed teams competing for the chance to lift the trophy at Rockliffe Park, Middlesbrough FC's training ground.

Dates: Spring 2 Term

Satellite Competitions - KS2

Ran in partnership with a host school, Middlesbrough FC Foundation will coordinate a competition made up of local and partnered schools. Split into Y3/4 and Y5/6, these competitions will be tailored to the needs of the host with different ability, gender and experiences catered for.

Dates: Various

Disability Inclusion Football Festivals - Mixed

Football is for everyone, and our inclusive celebrations and festivals ensure that all children play their part. With activities, challenges and competitions adapted to the various needs of attendees, we aim for all players to experience that winning feeling and leave with a smile on their face.

Dates: Various



Costs

Academic Year (37 weeks) Delivery		
DELIVERY MODEL	PREMIER LEAGUE PRIMARY STARS	PPA COVER
Half day	£3,625	£2,000
Full day	£7,250	£3,700
1.5-days	£10,875	£5,300
2-days	£14,500	£6,800
2.5-days	£18,125	£8,200
3-days	£21,750	£9,500
3.5-days	£25,375	£10,700
4-days	£29,000	£11,800

Multi-years and multi-school offers are available, please enquire directly with the Foundation for more information.

Targeted Activities (Bespoke Bookings)		
ACTIVITY	DELIVERY MODEL	COST PER SCHOOL
Activation	0.5 day at school	£200
Activation	0.5 day at Herlingshaw Centre	£300
Activation	1 day at school	£350
Activation	1 day at Herlingshaw Centre	£500
Intervention	6 sessions	£350
Intervention	12 sessions	£650
Intervention	36 sessions	£1,900
Workshop	1 hour	£125
Workshop	2 hours	£175
Boro Health Bus	Half day	£275
Boro Health Bus	Full day	£495



Foundation

Offices:

Willie Maddren Centre
The Riverside Stadium
Middlesbrough TS3 6RS

Herlingshaw Centre
Normanby Road
South Bank TS6 9AE

Hunley Hall Golf Club
Ings Lane
Brotton TS12 2FT

For more information or to book your school delivery, please contact:
enquiries@mfcfoundation.co.uk or call us on: **01642 757674**

You can find more information about the Foundation, our programmes, safeguarding and inclusion at: **www.mfcfoundation.co.uk**

Or see our work in action on any of our social media channels:

 **@mfcfoundation**  **@mfc.foundation**

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