



GET STARTED WITH FOOTBALL

Are you 16-25? Unemployed? Want to learn new skills?

Taster day: Tuesday 13th August 2019 - 1pm – 3pm Riverside Stadium

Programme dates: Monday 19th August – Friday 23rd August

Get started with Football, in partnership with Middlesbrough Football Club Foundation, is a one-week programme designed to help you build your confidence and communication skills.

You'll meet new people, work as a team taking part in group challenges and even coach your very own football skills session!

Following the programme, you'll be given the opportunity to work with a Prince's Trust mentor to help you uncover your next steps!

- ➔ Learn football skills from professional coaches at Middlesbrough FC Foundation
- ➔ Develop your own coaching skills
- ➔ Gain a Junior Football Leaders Award and First Aid Certificate
- ➔ Explore volunteering opportunities or further courses with Middlesbrough FC Foundation
- ➔ Go on a guided tour of The Riverside Stadium
- ➔ Travel expenses and lunch provided

In partnership with:



European Union
European
Social Fund

To join the course or find out more:

Search '**Prince's Trust**'

Text 'Call me' to 07983 385 418

Call for free on 0800 842 842