



MFC FOUNDATION



Impact Report 2018

Inspire Confidence, Inspire Hope

CONTENTS



2-3

Education

Delivering educational courses and workshops to provide qualifications and increase the skills, knowledge and aspirations of young people and adults.

4-5

Health

Improving the health and well-being of our local communities through activities which promote healthier lifestyles.

6-7

Social Inclusion

Engaging some of the most hard to reach people in the community by delivering programmes which inspire and upskill young people and adults, particularly in the most deprived areas on Teesside.

8-9

Sports Participation

Providing sport and physical activity for young people and adults through delivery in schools and community venues.

10-11

Fundraising and Events

A look-back at some of our biggest and brightest events of the year.

12-13

Our Partners and Financial Summary

Our corporate partners and supporters, and a financial report for 2018.

INTRODUCTION

RAY MALLON

Chair of Trustees



It is my pleasure to welcome you to MFC Foundation's Impact Report for 2018, sharing an insight into some of the tremendous work that is happening throughout Teesside to inspire hope and confidence in hundreds and thousands of children and adults.

Our mission at MFC Foundation is simple. We harness the passion and power of the Football Club, the brand and the badge, to influence positive change in our community, by giving young people the platform to fulfil their potential, and achieve great things.

We are a charitable trust and although linked to the football club, we are an independent entity, who receive funds from various sources. About half of our income is restricted for use on specific projects. We also depend very much on unrestricted income from benefactors. This enables us to deliver some of the MFC Foundation programmes we run in areas of need within our local communities. Every penny we receive is spent on delivering our programmes, in assisting people who need help now. Turn to page 12 to find out more about some of the terrific organisations that support the life-changing work we do throughout Teesside.

I would like to thank everyone who has provided unrivalled support to the Foundation over the past 12 months. Through both the time and financial backing you have provided, you will continue to make a real lasting difference to the life chances of so many young people in our community.

Hope and ambition drives the Foundation to offer the very best we can to our participants, priding ourselves on quality provision to each and every young person and adult we work with. Thanks to the generous support we have received this year, we have been able to make a big impact on those who need it the most.

EDUCATION

Our educational courses and workshops provide valuable qualifications, as well as increasing the skills, knowledge and aspirations of young people and adults. From primary level, to secondary, to further education, we provide support throughout the key academic years, and continue to offer opportunities to improve individuals' employability prospects after their schooling careers.

This past year we have achieved:



4318 CHILDREN newly enrolled on the Roary's Class Acts attendance programme



449 HOURS of work experience provided on the employability traineeships programmes



16 LOCAL CHARITIES supported through school and community engagement projects



4368 HOURS of Stepping Up provision provided for vulnerable children transitioning from Primary to Secondary school



175 RECOGNISED QUALIFICATIONS achieved through our enterprise programmes



85 SESSIONS of Premier League Primary Stars delivered weekly across Teesside and North Yorkshire



"Working with MFC Foundation has been amazing, I don't know what I would have done without them. My mentor helped me realise that secondary school actually isn't that scary."

Thomas, Year 7 Stepping Up student at Unity City Academy

HEALTH

Improving the health and well-being of our local communities through activities which promote healthier lifestyles is at the heart of MFC Foundation.

This past year we have achieved:



1808 PUPILS across Key Stage 2 were engaged in health education programmes



200 COMBINED INCHES lost in waist size on our health and fitness programme



48 STONE lost by 80 men on the Football Fans In Training programme



50+ FAMILIES enrolled on the Fitter Families programme



484.1 KILOGRAMMES lost by players on the Man v Fat League



840 PUPILS engaged in healthy living festivals



"I've made friends here that I have had for over a year and a half — that's why I keep coming back. They encourage and motivate me to be fitter and healthier."
Football Fans in Training Participant

SOCIAL INCLUSION

Our Inclusion programmes engage with some of the most hard to reach people in the community by delivering programmes which inspire and upskill young people and adults, particularly in the most deprived areas of Teesside.

This past year we have achieved:



100

MEN have attended the Club Together programme, from 25 countries including Sudan, Eritrea, Iraq and Yemen



2000

YOUNG PEOPLE have attended the Premier League Kicks sessions



£4000

RAISED for charities and causes by NCS participants



70%

of our **COACH CORE APPRENTICES** have gained immediate employment



18

CHILDREN with disabilities signposted to regional talent squads



200

HOURS of Walking Football provision delivered



"He's had a rough year so far, and to see him come out of his shell means the absolute world to me. The feeling you get seeing him enjoy the sessions is lovely and warm. It's a friendly family affair."

Dee Seymour, mother of a participant on our Borobility Cerebral Palsy programme



SPORTS PARTICIPATION

MFC Foundation has a strong link with the community through different sporting activities hosted at the Herlingshaw Centre and in local schools, from tiny tots to adults and everything in between. There's something for everyone no matter what age.

This past year we have achieved:



"The quality of the provision and opportunities that the children get just keeps getting better and better. How many youngsters can say they spent the day at the Middlesbrough FC training ground?!"

Sue Richardson, Head Teacher at Preston Primary School

FUNDRAISING AND EVENTS

Fundraising is essential to MFC Foundation to help us deliver our inspirational programmes. With thanks to our many partners, as well as the generosity of the general public, we can continue to offer the highest quality programmes in our local community.

This is our year in review:

ANNUAL DINNER

23 February

Our 21st Year Dinner at Rockliffe Hall raised a fantastic £19,000 for the Foundation.



EFL COMMUNITY CLUB OF THE YEAR

12 March

We were awarded EFL North East & Yorkshire Community Club of the Year 2018 at a celebration event at the House of Commons.



GOLF DAY

8 May

Our annual charity Golf Day at Rockliffe Hall, featuring a number of ex-Boro stars raised £7500.



ROCKLIFFE TO RIVERSIDE WALK

20 May

Supporters joined former Boro stars for the 28 mile walk from Rockliffe Hall to the Riverside Stadium, raising £5000 in the process.



LADIES DAY

12 June

Our first ever independent Ladies Day was a resounding success, raising £3200 for the Foundation.



GREAT NORTH RUN

9 September

Ten runners ran on our behalf in last year's Great North Run, raising around £5000 combined!



VISIT BY THE PRINCESS ROYAL

1 October

HRH Princess Royal visited MFC Foundation's Willie Maddren Education Centre to see some of the work we deliver to inspire hope and confidence in both children and adults throughout Teesside. She observed both a classroom and physical activity session delivered by our staff.



BORO LOTTO

The Boro Lotto in aid of MFC Foundation helps to power our wide variety of community projects across Teesside.

Tickets cost just £1 and sellers can be found in and around the Riverside Stadium before kick-off at every Boro home game. The Boro Lotto helps raise over £20,000 every year for the Foundation.

In each draw, there are prizes on offer from Al Forno's restaurant, Cineworld Cinemas, Hollywood Bowl, Tees Active Air Trail, Yarm Studio, LCS Executive Chauffeurs, as well as a cash jackpot.



"We wanted to support a charity that can help those in need in Teesside to fulfil their potential. That is what MFC Foundation is all about."

James Lees, Marketing Director, Mabo Media

OUR PARTNERS

We'd like to thank the following organisations for all their support throughout last year.



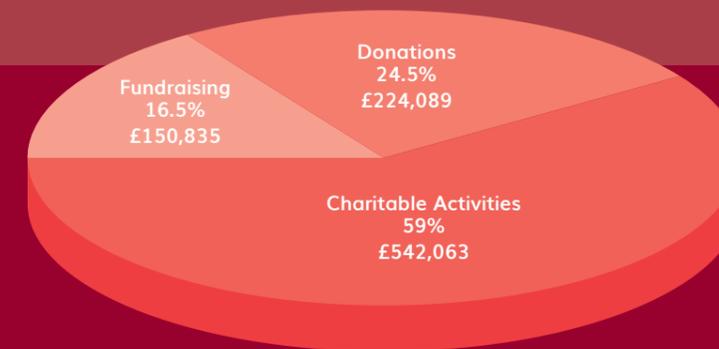
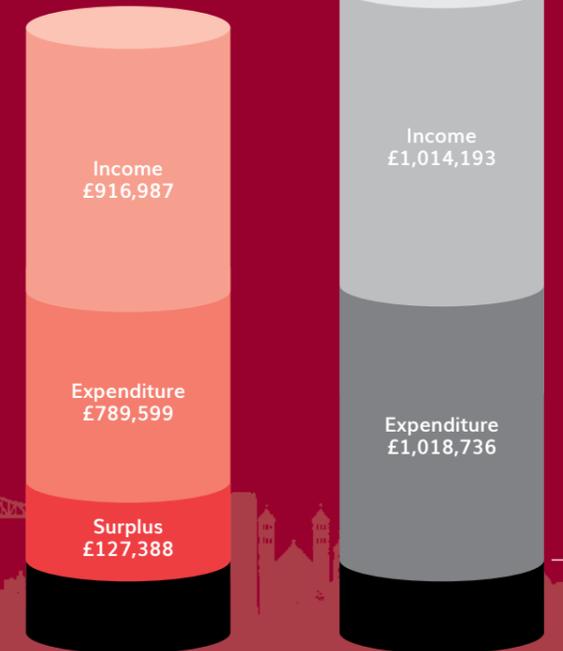
FINANCIAL SUMMARY 2017/2018

MFCF Total Income 2017/2018

INCOME
£1,931,180
EXPENDITURE
£1,808,335
SURPLUS
£122,846

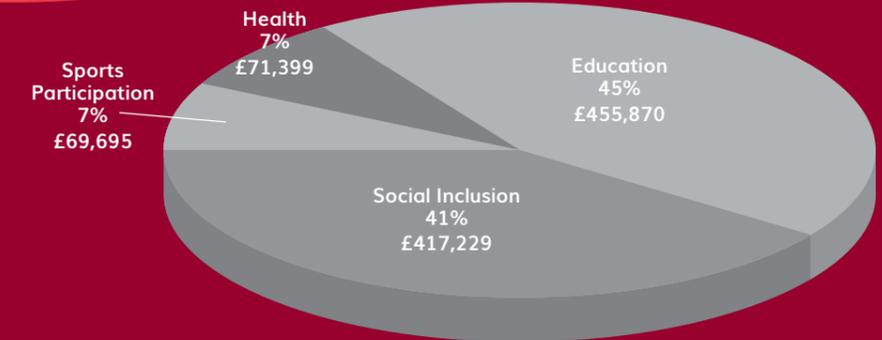
UNRESTRICTED INCOME
47.5%

RESTRICTED INCOME
52.5%



MFCF Unrestricted Income 2017/2018

£916,987





MFC FOUNDATION



MFC Foundation
Willie Maddren Centre
The Riverside Stadium
Middlesbrough TS3 6RS
Email enquiries@mfcfoundation.co.uk
Tel 01642 757674
www.mfcfoundation.co.uk

Registered Charity Number 1059418
Registered Company Number 3142447